

Breakfast - Free
 Lunch - Reduced \$.40
 Full Pay \$2.50

St. Martin de Porres High School
September, 2008

Ala Carte
 'Big Daddy's' Pizza - \$1.50
 Cookies - \$.50
 Nacho & Cheese with Salsa - \$1.25
 Chef Salad with Meat - \$2.00

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	French Toast & Bacon Juice Milk	Yogurt Parfait with Granola with Strawberries & Blueberries Milk	Scrambled Eggs with Toast Milk	Biscuit & Sausage Gravy Hash Brown Fruit or Juice Milk	Two Pancakes with Sausage Links Oranges Milk
Meat/Meat Alternate (Pick One)	Hot Dog Cheeseburger Tuna or Turkey Wrap Chef Salad	BBQ Chicken Sandwich Chicken Patty on Bun Tuna or Tuna Wrap Chef Salad	Fiestada or Cheese Pizza Chef Salad Chicken Salad on Whole Wheat Pita Chef Salad	Open Face Turkey Sandwich Cheeseburger Tuna or Turkey Wrap Chef Salad	Fish Sandwich Cheeseburger Chef Salad Egg Salad Sandwich
Vegetable (Pick Two)	French Fries Baked Beans	Rice Pilaf Green Beans	Side Salad Seasoned Wedge Fries	Mashed Potatoes w/Gravy Broccoli	Macaroni & Cheese Cole Slaw
Fruit (Pick One)	Pears Fruit Juice	Jello with Fruit Cocktail	Baked Apples Pineapple	Mandarin Oranges	Applesauce Cup Fresh Fruit
Grain/ Bread (Pick One)	Bun with Hot Dog or Cheeseburger Flour Tortilla w/Wrap Roll with Salad	Bun with Chicken Flour Tortilla w/Wrap Roll with Salad	Roll with Chef Salad Whole Wheat Pita with Chicken Salad	Bread with Open Face Turkey Bun with Cheeseburger Flour Tortilla with Wrap Roll with Chef Salad	Bun with Fish & Cheeseburger Roll with Salad Two Slices of Bread with Sandwich
Dessert		Cherry Crisp with Cream		Bananas with Banana - Pudding	
Milk	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry
Condiments	Ranch, Italian or French Mayonnaise, Mustard Ketchup, BBQ Sauce	Ranch, Italian or French Mayonnaise, Mustard Ketchup, BBQ Sauce	Ranch, Italian or French Dressing, Mayonnaise	Ranch, Italian or French Dressing, Mayonnaise Mustard Ketchup	Ranch, Italian or French Mayonnaise, Mustard Ketchup, BBQ Sauce, Gravy

Breakfast: Cereal, Muffins, Cereal Bars, Granola Bars, Protein Bars are available everyday. You must take two items to make a reimbursable meal.

Lunch: You must choose one(1) meat/meal alternative, two vegetables, or one vegetables and 1 fruit., and a milk
 To take a reimbursable meal, you need 3 out of the five components, not including dessert.

*******We do not discriminate against Race, Creed, Color, or Gender*******

Substitutions may be made if necessary