

Breakfast - Free
 Lunch - Reduced \$.40
 Full Pay \$2.50

St. Martin de Porres High School
 September, 2008

Ala Carte
 'Big Daddy's' Pizza - \$1.50
 Cookies - \$.50
 Nacho & Cheese with Salsa - \$1.25
 Chef Salad with Meat - \$2.00

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	French Toast & Bacon Juice Milk	Yogurt Parfait with Granola with Strawberries & Blueberries Milk	Scrambled Eggs with Toast Milk	Biscuit & Sausage Gravy Hash Brown Fruit or Juice Milk	Two Pancakes with Sausage Links Oranges Milk
Meat/Meat Alternate (Pick One)	Sweet & Sour Bowl Cheeseburger Tuna or Turkey Wrap Chef Salad	Big Burrito Chicken Patty on Bun Tuna or Tuna Wrap Chef Salad	Lasagna Roll-up Chef Salad Chicken Salad on Whole Wheat Pita Chef Salad	Chicken & Cheese Roll-up Cheeseburger Tuna Wrap Chef Salad	2 Mozzarella Stuffed Sticks with Sauce Cheeseburger Chef Salad Egg Salad Sandwich
Vegetable (Pick Two)	Rice Mixed Vegetables	Spanish Rice Flame Roasted Corn	Side Salad Italian Vegetables	Cauliflower Veggies and Dip	Side Salad French Fries
Fruit (Pick One)	Pineapple Fruit Juice	Mandarin Oranges	Pineapple Peaches	Mixed Fruit	Applesauce Cup Fresh Fruit
Grain/ Bread (Pick One)	Roll with Sweet & Sour Bun with Cheeseburger Flour Tortilla w/Wrap Roll with Salad	Flour Tortilla with Burrito Bun with Chicken Flour Tortilla w/Wrap Roll with Salad	Roll with Chef Salad Whole Wheat Pita with Chicken Salad	Bun with Cheeseburger Flour Tortilla with Wrap Roll with Chef Salad	Bun with Fish & Cheeseburger Roll with Salad Two Slices of Bread with Sandwich
Dessert		Oreo Cookie Fluff		Bag of Chips	
Milk	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry	Choice of Chocolate, White or Strawberry
Condiments	Ranch, Italian or French Mayonnaise, Mustard Ketchup	Ranch, Italian or French Mayonnaise, Mustard Ketchup, Salsa, Sour Cream	Ranch, Italian or French Dressing, Mayonnaise, Parmesan Cheese	Ranch, Italian or French Dressing, Mayonnaise Mustard Ketchup	Ranch, Italian or French Mayonnaise, Mustard Ketchup, Spaghetti Sauce

Breakfast: Cereal, Muffins, Cereal Bars, Granola Bars, Protein Bars are available everyday. You must take two items to make a reimbursable meal.

Lunch: You must choose one(1) meat/meal alternative, two vegetables, or one vegetables and 1 fruit., and a milk To take a reimbursable meal, you need 3 out of the five components, not including dessert.

*****We do not discriminate against Race, Creed, Color, or Gender*****

Substitutions may be made if necessary