

When to Stay Home from School or Work

Keep your child home if your child:

- ✚ has a fever of 100 degrees Fahrenheit or more; or has had a fever in the past 24 hours
- ✚ has vomited within the past 24 hours
- ✚ has had diarrhea within the past 24 hours
- ✚ has a severe headache due to injury or fever
- ✚ has a sore throat, difficulty swallowing
- ✚ has severe cold symptoms
- ✚ has a severe cough
- ✚ has reddened, itchy eyes, especially if there is drainage or complaint of pain
- ✚ has an undiagnosed skin rash that is itchy, spreading, or otherwise worsening
- ✚ has live lice in hair
- ✚ has scaly patches of baldness on scalp
- ✚ has a flat, ring-like rash on skin

Keeping your child home will allow your child to rest and regain health. Keeping your child home will help prevent spreading germs to others in the school and work communities. It is important that we work together to keep each other healthy.

Contact your child's doctor if symptoms of illness last 3 days or longer, or anytime before that as needed.

Be sure the school has your current telephone numbers in case your child becomes ill at school.

